



TCBL GAME RULES 2025-2026

DIVISION	3RD	4TH	5TH	6TH	7TH	8TH
TIME/QUARTER	8 MINS	8 MINS	8 MINS	8 MINS	8 MINS	8 MINS
TIME/OT	3 MINS	3 MINS	3 MINS	3 MINS	3 MINS	3 MINS
STOPPED CLOCK	YES	YES	YES	YES	YES	YES
TIMEOUTS	(3) FULL/GAME AND (1) 30/HALF, NO CARRYOVER (1) FULL TIMEOUT PER OT NO CARRYOVER FROM REGULATION OR TO ADDITIONAL OTS					
BALL SIZE	28.5	28.5	28.5	28.5 GIRLS 29.5 BOYS	28.5 GIRLS 29.5 BOYS	28.5 GIRLS 29.5 BOYS
FULL-COURT PRESS*	YES**	YES**	YES**	YES	YES	YES
<p align="center">** PRESSING IS ONLY ALLOWED FOR THE LAST 2 MINUTES OF THE HALF AND FOURTH QUARTER. OVERTIME TIME FOR 5TH GRADE: TEAMS CAN PRESS THE ENTIRE TIME. OVERTIME FOR 3RD AND 4TH: PRESSING ONLY IN THE FINAL MINUTE.</p>						
PRESS LIMIT	10+ PTS	10+ PTS	10+ PTS	15+ PTS	15+ PTS	15+ PTS
BONUS FREE THROWS	BY QUARTER 2 FTS ON 5TH TEAM FOUL NO 1-AND-1 GIRLS & BOYS					
FOULING OUT	PLAYERS FOUL OUT AFTER 5 PERSONAL FOULS (WHICH CONSIST OF A COMBINATION OF PERSONAL AND TECHNICAL FOULS) OR 2 TECHNICAL FOULS					
3-POINT SHOT	NO	NO	YES	YES	YES	YES
5-SECOND GUARDING	NO	NO	YES	YES	YES	YES
10-SECONDS	YES	YES	YES	YES	YES	YES
ENTER LANE	ON RELEASE ** SHOOTER MUST WAIT FOR BALL TO HIT RIM **					
FT DISTANCE	3RD, 4TH & 5TH-GRADE PLAYERS ARE ALLOWED TO JUMP OVER THE FT LINE IF THE BALL IS RELEASED FROM BEHIND THE LINE.			STANDARD	STANDARD	STANDARD
PLAYERS IN LANE	MAXIMUM OF 6					
DEFENSE	3RD, 4TH, 5TH GRADE ONLY - ZONE DEFENSE IS ONLY PERMITTED IN THE SECOND HALF; TEAMS MUST PLAY MAN-TO-MAN IN THE FIRST HALF.					
SUBS ON FTS	AFTER THE 1ST SHOT GIRLS & BOYS					
TECHNICAL / FLAGRA N T FOULS	TECHNICAL AND/OR FLAGRA N T FOULS RESULT IN (2) FREE THROWS AND A LOSS OF POSSESSION. EJECTION SHALL BE MANDATORY UPON 2ND INFRACTION; HOWEVER, THE REFEREES MAY DETERMINE THAT THE 1ST INFRACTION IS SUFFICIENT FOR EJECTION. REFEREES ARE AUTHORIZED TO CHARGE TECHNICAL FOULS AGAINST BENCHES AND FANS FOR POOR SPORTSMANSHIP (E.G. DISTRACTING FOUL SHOOTERS).					
ADVANCING	GIRLS ONLY IN THE LAST MINUTE OF THE GAME (4TH-QUARTER OR OT), A TEAM WILL HAVE THE OPTION TO MOVE THE THROW-IN SPOT TO 28 FEET FROM THE END LINE IN THEIR OFFENSIVE HALF OF THE COURT ON EITHER SIDE AT THE COACH'S DISCRETION . THIS OPTION IS ONLY AVAILABLE WHEN THE TEAM IN CONTROL OF THE BALL, OR TO BE AWARDED A THROW-IN IN THEIR BACKCOURT, IS GRANTED A TIMEOUT. AN OPPONENT'S TIMEOUT DOES NOT PROVIDE A TEAM WITH THIS OPTION. IF THE TEAM ADVANCES THE BALL BY A PASS OR DRIBBLE, IN ANY DIRECTION, BEFORE THE TIMEOUT IS GRANTED, THE TEAM WILL NO LONGER HAVE THE OPTION TO ADVANCE. BOYS MAY NOT ADVANCE.					